

**FL FANS**  
**FLORIDA FOOD AND NUTRITION SYMPOSIUM**

**SUPER EARLY BIRD**

**July 14-18, 2018**

**Florida Academy of Nutrition and Dietetics**



**Transforming into the Second Century**

**Renaissance Orlando at SeaWorld**  
**6677 Sea Harbor Drive**  
**Orlando, FL**



Transforming into the Second Century

## SUPER EARLY BIRD

ONLY \$299

Register Now & Save!

### FAND Super Early Bird Special

Rate increases March 1, 2018

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Be one of the first to reserve seating - Super Early Bird Package includes:

Member  
Empowerment  
Breakfast

Opening  
Night  
Reception

Tuesday  
Luncheon

Networking  
Session

Awards  
Breakfast

All Super Early Bird registrants will be eligible for a drawing to win a complimentary full meeting registration to the 2019 FL FANS in Marco Island at the JW Marriott. You must be present to win; drawing will take place Monday in the Exhibit Hall.

# Highlights

## Hot Topics

- Gluten Related Disorders, IBS and SIBO: What Every Nutrition Professional Needs to Know
- The Great Salt Debate
- Food Cults - Where Science and Skepticism Collide
- Vitamin E Requirement and the Metabolic Syndrome
- Pre-sleep Nutrition and Performance
- Circadian Rhythms and Time-restricted Feeding
- Plant-based Nutrition for Diabetes
- The Physics of Functional Fibers in the Gastrointestinal Tract
- Exclusive Enteral Nutrition for Crohn's Disease
- Diets that May Help Ward off Alzheimer's - The MIND Diet
- The Metabolic Response to Sugary Tastes
- Take Back the Knife

## Select Faculty

Shelley Case, RD  
Author, Speaker and Consulting  
Dietitian  
Case Nutrition Consulting, Inc.  
Regina,  
Saskatchewan, Canada

Dana Small, PhD  
Director, Modern Diet and Phys-  
iology Research Laboratory  
Yale University  
New Haven, CN

John McRorie, PhD, FACG, AGAF,  
FACN  
Clinical Scientist  
P & G Global Clinical Services  
Mason, OH

Mike Ormsbee, PhD, FACSM,  
FISSN, CSCS  
Associate Director, Institute of  
Sports Science & Medicine  
Associate Professor, Depart-  
ment of Nutrition, Food and  
Exercise Sciences  
Florida State University  
Tallahassee, FL

Cyndie Story, PhD, RDN, CC, SNS  
Chef and Consultant  
Culinary Solution Center, LLC  
Scottsville, KY

Martha Morris, ScD  
Director of Nutrition and Nutri-  
tion Epidemiology  
Rush University Medical Center  
Chicago, IL

Meghan Jardine, MS, MBA, RDN,  
LD, CDE  
Associate Director of Diabetes  
Nutrition Education  
The Physicians Committee for  
Responsible Medicine  
Washington, DC

Maret Traber, PhD  
Ava Helen Pauling Professor  
Linus Pauling Institute  
College of Public Health  
Oregon State University  
Corvallis, OR

Paul Whelton, MB, MD, MSc  
Show Chwan Professor of Global  
Public Health  
Tulane University School of Pub-  
lic Health and Tropical Medicine  
New Orleans, LA

Andrew Mente, PhD  
Associate Professor  
Department of Health Research  
Methods, Evidence and Impact  
McMaster University  
Hamilton, Ontario, Canada

Dale Lee, MD, MSCE  
Attending Physician  
Division of Gastroenterology,  
Hepatology and Nutrition  
Seattle Children's Hospital  
University of Washington  
Seattle, WA

Courtney Peterson, PhD, MSc, MA,  
MS  
Assistant Professor  
Department of Nutrition Sciences  
University of Alabama at Birming-  
ham  
Birmingham, AL

Robyn Flipse, MS, MA, RDN  
Consulting Nutritionist,  
Spokesperson, Author  
Bradley Beach, NJ

# Special Events

## Saturday

Nutrition Focused Physical Assessment Workshop 9:00 am to 2:00 pm

Join Sherri Lewis, MS, RDN, LDN and Michelle Pugsley, RDN, LDN, CNSC for an interactive workshop where they will discuss the components of a nutrition focused physical assessment. You will have the opportunity to practice assessing body fat, muscle wasting, micronutrient status, fluid accumulation and functional ability. The registration fee is separate for this event and includes morning coffee, lunch, and hands on tools needed to perform physical assessments.

Opening Session and Members' Reception 7:30 pm to 9:00 pm

## Sunday

Awards Breakfast - New this Year! 7:00 am to 8:30 am. Come celebrate FAND's Distinguished Members and Special Award winners at this premiere event.

Grand Opening of the Exhibit Hall with Cocktails 5:00 pm to 7:30 pm

## Monday

Annual Member Empowerment Breakfast 8:00 am to 9:30 am

Networking Event 5:45 pm - 7:00 pm

## Tuesday

Gluten Related Disorders Intensive Session 7:30 am - 9:30 am

Closing lunch session 11:15 am - 1:00 pm



This rate/offer is only available to Active Members who are registering for the full meeting. Online registration is not available. Print the registration form, fill out and send back to Headquarters to register for the event.



## **Hotel Information - Renaissance Orlando at SeaWorld**

The special FL FANS group rate for a standard single or double room is \$159.00. Make sure to mention that you are with FL FANS when making your reservation.

This group rate is guaranteed until **Friday, June 22, 2018**. Reservations after that date shall be at the Hotel's then available rate. The cutoff date does not guarantee there will still be rooms available. Our room block does sell out, so reserve your room early.

Our rate includes:

Complimentary basic high-speed Internet access for Marriott members (free to join)

In room basic high-speed Internet access for non Marriott members at the discounted rate of \$1.00 per night

Reduced parking rate of \$10.00 self parking

Complimentary access to 24 hour Fitness Center

Make reservations online at <https://aws.passkey.com/go/FANDAnnualConvention2018> or by phone 1-407-351-5555; 1-800-266-9432 Make sure to tell them you are with the Florida Academy of Nutrition and Dietetics.

The \$22.00 Resort Fee is optional and includes:

Transportation to SeaWorld, Universal Studios and Disney

Breakfast for kids under 12 (2 kids per 1 adult purchase)

Local calls

2 bottled waters, refreshed daily

## FL FANS - July 14-17, 2018 - Renaissance Orlando at SeaWorld

"Nick" Name \_\_\_\_\_ email \_\_\_\_\_

(your first name as you wish it to appear on your name badge)

Last Name \_\_\_\_\_ First \_\_\_\_\_ Initial \_\_\_\_ Credentials \_\_\_\_\_

AND Member # \_\_\_\_\_ Florida License # \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Employment/School \_\_\_\_\_ Position/Title \_\_\_\_\_

Employment Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

\*Students, Retirees or Non-Members are NOT eligible to register now.  
Regular Early Bird begins on March 1st.

### SUPER EARLY BIRD REGISTRATION FEE

Accepted ONLY if RECEIVED or POSTMARKED on or before February 28, 2018

	Full Meeting	Amount
AND Member	\$299	\$_____
Guest	\$100	\$_____

Confirmed Volunteer  District President or FAND Committee Chair

FAND Committee Member

- I plan to attend the Saturday Members' Reception (Limit 350)
  - My registered guest plans to attend
- I plan to attend the Sunday Awards Breakfast (Limit 200)
- I plan to attend the Monday Annual Member Empowerment Breakfast (Limit 200)
- I plan to attend the Monday Networking Session (Limit 300)
- I plan to attend the Tuesday Luncheon Meeting (Limit 400)

## SPECIAL EVENTS

SATURDAY

SUPER EARLY BIRD

Ethics \$ 20 \$ \_\_\_\_\_

Medical Errors \$ 40 \$ \_\_\_\_\_

Nutrition Focused Physical Assessment Workshop \$ 89 \$ \_\_\_\_\_

I would like to add \$5 for Scholarship \$ \_\_\_\_\_

Registration Fee \$ 299.00

Guest Fee \* \$100 \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

\* A **guest** cannot hold a degree in a nutrition related field. Guest are welcome to attend the receptions and nutrition breaks, but due to limited seating they cannot attend the breakfast or lunch sessions.

## REFUND POLICY

Requests for refunds must be postmarked on or before June 8, 2018 Registration will be refunded less a \$35.00 processing fee. NO REFUNDS AFTER June 8, 2018

DO NOT WRITE IN THIS AREA

Date Received \_\_\_\_\_ Date Processed \_\_\_\_\_

Amount \_\_\_\_\_ Check Number \_\_\_\_\_

## METHOD OF PAYMENT

I've enclosed a check or money order. Checks must have your name preprinted on them. Returned checks are subject to a service charge of \$30.00

VISA     MasterCard     Discover     AMEX

\_\_\_\_\_  
Print exact name on card

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Account Number

\_\_\_\_\_  
Expiration Date

\_\_\_\_\_  
CSC #

PLEASE MAKE CHECKS PAYABLE TO THE  
FAND Annual Symposium Fund

## MAILING ADDRESS

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Tallahassee, FL 32317-2608

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